

“LIVING A G-RATED LIFE IN AN R-RATED WORLD”

I. WHY ARE MY BRAKES IMPORTANT?

- My Urges Do Not Operate According To Reason.
- My Urges Have No Sense Of Purpose Or Commitment.
- My Urges Do Not Care About My Relationships.
- My Urges Only Care About One Thing – Satisfaction.

II. WHERE DO I NEED TO USE MY “BRAKES”?

- Food
- Money
- Words
- Sex
- Feelings
- Internet

III. SAMPSON – A MAN WITH NO “BRAKES”? – JUDGES 14-16

- Disobedience
- Deception
- Destruction

Take Home:

- “Get A Grip”
- Learn To Say “No” To Yourself.
- Nurture Self-Control In Your Children.
- Self-Control Is Really Spirit-Control.